



Park and Recreation Programs

Cardio Kicks

Nevada Parks and Recreation is offering two sessions of Cardio Kicks. This program will improve your cardiovascular fitness, burn fat, tone and shape your muscles, AND improve flexibility. You'll be breaking a serious sweat while having fun. High intensity music keeps participants punching and kicking to the beat. Participants will workout out on bags for strength training which will help shape and tone muscles. You can get both aspects of exercise, fat burning and muscle resistance, all in one workout!

AM CARDIO KICKS:

Days: Monday's and Thursday's

Dates: August 29 - December 15 (30 Classes)

Time: 5:30-6:30 a.m.

Fee: \$112.35 (2 days/week); \$64.20 (1 day/week) limited spots available

PM CARDIO KICKS:

Days: Tuesday's and Thursday's

Dates: September 6 - November 17 (22 Classes)

Time: 5:30-6:30 p.m.

Fee: \$82.39 (2 days/week); \$47.08 (1 day/week) limited spots available

Junior Theatre

Junior Theatre is a program for students wanting to explore the world of Fine Arts. Students will perform a fun and age appropriate play that will be presented during the Festival of Trees Celebration. Practices will be held on Tuesday's and Thursday's October 4 - December 8. Production dates are December 9 and 10.

Who: 1st - 6th Grade Students

When: Tuesday's and Thursday's October 4 - December 8

Where: Gates Memorial Hall

Time: 3:30 - 5:30 p.m.

Cost: \$40.00/student

Registration Info: Registration deadline is Tuesday, September 27. A tryout will be held on Thursday, September 29 at 3:30 p.m. at Gates Memorial Hall for all registered participants.



WHO Channel 13's **RVTV** is making a stop in Nevada! Join us downtown September 8 for family games, food, LIVE television broadcasts and to cheer on your favorite team. Make sure to sport your team colors! Event will begin at 4:00 p.m.

Contact the Chamber for more information at 515-382-6538!

Child Car Seat Check Event To Be Held on

National Seat Check Saturday, September 24

The Nevada Police Department, Nevada Fire Department, "KISS" Kids in Safety Seats and Story County Medical Center have teamed up for a Child Safety Seat Check event. The event will be held on September 24, from 11 a.m. to 3 p.m.. in the parking lot of the Nevada Police Department at 1209 6th Street. The child who uses the safety seat must be present in the vehicle at the time of the check to ensure proper fit of the seat. One seat per child will be checked. A limited number of seats will be available onsite for those whose seats do not meet the safety requirements.

As part of Child Passenger Safety Week (September 18-24), certified child passenger safety technicians will be available to inspect car seats and provide hands-on advice free of charge. Technicians will check car seats for correct installation, proper use, recall status, and compliance with Iowa's safety seat law.

For more information, contact Officer Matt Snyder or Officer Dustin DeMarest at the Nevada Police Department, 515-382-4593.

Krys Bear Auction and Celebration Walk

September 25 at 1 p.m. at Krysilis 221 South 11th Street

Bid on custom Krys Bears and have free food and entertainment

Krys Bear Catalog: krysbearauction.wordpress.com

Meeting Schedule.

- **Council: Sept. 12 and 26, City Hall Council Chambers 6:00 p.m.**
- **Library: Sept. 19, Library Meeting Room 4:30 p.m.**
- **Parks and Recreation Board: Sept. 21, Gates Hall 5:15 p.m.**
- **Planning and Zoning Commission: Sept. 6, City Hall Council Chambers 6:15 p.m.**

Fall Weed Control

The City of Nevada Parks and Recreation/Cemetery staff will be spraying park grounds, the municipal cemetery, and various other city properties for weed control during the months of September and October. Areas being sprayed will be signed accordingly. Please be aware of this if you are on city property. If you have any questions, please feel free to call the Parks and Recreation Department at 382-4352.

Nevada Golden K Annual Garage Sale

701 Westwood Drive

Sept. 16, 8 a.m. to 6 p.m.

Sept. 17, 8 a.m. to 12 p.m.

Proceeds go to community activities and Kiwanis Kids

Includes baked goods and kids bikes

City offices are closed September 5 for Labor Day.

Nevada Uncorked

Save the Date:

October 8, 3-7 p.m.

Contact the Chamber for advanced tickets at 382-6538

Library News

September is National Library Card Sign-Up Month. Visit your Nevada Public Library today. It is a community hub of activity. In tough economic times, your library card gives you free access to books and computers, homework help, assistance with resumes and job searches, accurate financial information, CDs, DVDs and much more.

You can get a Nevada Public Library card, here's how to apply, and how to use your library card.

- Library cards are issued free.
- Minimum age to obtain a card is 5 years.
- Proof of current name and address is required.
- Library card application form is available at the Main Desk at the library.
- Items check out for 2 weeks, except for DVDs and videos, which have a one-week check out.
- A maximum of 5 DVDs and 5 videos can be checked out per person.
- All items can be returned in the outside book return.
- Overdue DVDs and videos are subject to a \$1 per day fine, with a maximum of \$5 per item.
- All other items are subject to a \$0.15 per day fine, with a maximum of \$3 per item.

Here is the link to download our library card application form: <http://www.nevada.lib.ia.us/use-the-library/card>

Please print it, fill it out and bring to the library with your identification. If you have any questions, please call 382-2628 for more information.

Fall Story Times begin the week of September 6 and end the week of November 18. Your child should be registered for story time. Please contact the library to sign up.

The **Knitting Club** meets on Monday, September 26 at 6:30 p.m. Bring your own materials and projects to work on and to share with others who enjoy knitting, crocheting, or other handwork.

The **Teen Advisory Group (TAG)** will be meeting on Wednesday, September 28 at 3:30 p.m. at the library. This group of Middle Schoolers and High Schoolers help select books for the library to purchase. If you know someone who is interested in helping us, please contact Mary Gregory at the library or call 382-2628.

The **Reading Group** will be meeting at 1:30 p.m. on Thursday, September 29. The book they will be reading is available for check out at the library. Check at the front desk for help.

RIF Applications due December 1 for City Grants:

The City of Nevada will award up to \$100,000 this year. This is the sixth and final year the City has offered the grant. Here is the perfect opportunity for Nevada businesses owners in the RIF Area, which includes Sixth Street and the Lincoln Highway corridor, to improve your buildings. In order to be eligible, you must be a business owner who is committed to improve neighborhoods, promote the area, and improve the quality of life.

The City is making maximum grants available in the amount of \$25,000.00 on a reimbursement basis. Grants will be awarded on a 50/50 match basis. For example, the business owner must reflect a direct contribution of \$1.00 for every \$1.00 of City funds received. According to the City Administrator Elizabeth Hansen, "We want to create a sense of community pride through participation in projects that help grow the economy." Projects must be completed between July 1, 2012 and June 30, 2013.

Here is a list of examples of projects that may be funded:

- Projects that permanently improve the physical appearance and/or serviceability of a commercial property identified in the district. (ie: Foundation, support walls, tuck pointing, roofing, electrical, heating, cooling, plumbing, windows, doors, insulation, facades, and anything else cosmetic)
- RIF funding request is 50% or less of the project.
- Projects that are participating in the historic preservation tax credit program and/or application has been reviewed by the local Historic Preservation Commission.
- Upper level restoration projects that will permit new usage.
- Projects that create new jobs.

Grant application materials may be picked up from City Hall, 1209 6th St. or the Chamber Office at 1015 6th St., or can be mailed by calling City Hall at 382-5466 or the Chamber Office at 382-6538. You can also find the application and supporting materials, including the RIF Area Map at www.cityofnevadaia.org by clicking on Boards and Commissions, RIF Program. Applications must be received via mail or hand delivered to the Office of the City Administrator by 5 p.m. on December 1, 2011.

Live Healthy Iowa Families

Live Healthy Iowa has decided to create a program specifically for Iowa families. Live Healthy Iowa Families will debut as a pilot program this fall. Due to the high participation and great success Nevada has had in Live Healthy Iowa programs, the community has been chosen as the pilot site in Iowa. We hope this honor will encourage community members in Nevada to rise to the challenge.

Who: Any family residing together (within the Nevada Community School District) with at least one adult (18+) and one youth (17 or younger) qualify for this program.

What: This program is an opportunity to build strong family relationships while focusing on healthy behaviors and establishing positive nutrition and physical activity habits. Each week, the team captain will report progress with family meal time, physical activity and screen time through the www.livehealthyiowafamilies.org website.

For \$25, each family will receive a resource kit containing items to educate and assist in positive lifestyle changes. The resource kit will include: a jump rope, playground ball, thera-bands, cookbook, trail map, educational materials and more!

When: September 12-October 23, 2011

Where: This program will take place exclusively in your community!

Registration opens August 8—Brochures at Parks and Recreation

Go to www.livehealthyiowafamilies.org - click Sign Up Today!